

PROMOTION RECOMMENDATION
UNIVERSITY OF MICHIGAN
MEDICAL SCHOOL
DEPARTMENT OF PSYCHIATRY
COLLEGE OF LITERATURE, SCIENCE, AND THE ARTS
DEPARTMENT OF PSYCHOLOGY

Cheryl A. King, Ph.D., associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School, and associate professor of psychology, without tenure, Department of Psychology, College of Literature, Science, and the Arts, is recommended for promotion to professor of psychiatry, with tenure, Department of Psychiatry, Medical School, and professor of psychology, without tenure, Department of Psychology, College of Literature, Science, and the Arts.

Academic Degrees:

Ph.D.	1983	Indiana University
B.A.	1976	University of Michigan

Professional Record:

1999-present	Associate Professor of Psychology, University of Michigan
1997-present	Associate Professor of Psychiatry, University of Michigan
1994-1999	Assistant Professor of Psychology, University of Michigan
1991-1997	Assistant Professor of Psychiatry, University of Michigan
1989-1991	Instructor, Department of Psychiatry, University of Michigan
1988-1989	Instructor, Department of Psychiatry, Wayne State University
1987-1989	Visiting Assistant Professor, Department of Behavioral Sciences, University of Michigan-Dearborn
1984-1985	Instructor, Department of Psychology, University of Wisconsin

Summary of Evaluation:

Teaching: From 1994 to 2002, Dr. King was director of psychology training in the Department of Psychiatry where she led one of the first five programs in the nation to be nationally accredited for postdoctoral training in psychology. During this period, 40 individuals successfully completed their training and 50% are currently in academic positions. Dr. King also served as chair of the task force that drafted national accreditation guidelines for postdoctoral training in clinical child and adolescent psychology and, under her leadership, the program at the University of Michigan became one of the first programs to earn national accreditation.

Within the Child Psychiatry Residency Training Program, Dr. King co-developed the Psychotherapy Training Clinics program and developed the highly regarded weekly Writers' Workshop. She supervises in the Cognitive-Behavior Therapy Psychotherapy Clinic, leads the weekly Writers' Workshop, and serves on the Residency Education Committee. The child psychiatry residents honored Dr. King with the Teacher of the Year award for the 2005-2006 training year.

Dr. King's mentorship activities have been peer reviewed and commended, resulting in

receipt of a highly competitive NIMH K24: Mid Career Investigator (and Mentorship) Award in Patient-Oriented Research. Since her last promotion, she has provided research mentorship for seven postdoctoral fellows in psychology, two child psychiatry fellows, five doctoral students in clinical psychology, and several junior faculty members. These individuals are on strong research career trajectories with a significant number of peer-reviewed scientific publications and a range of grant awards (NIMH K award, NIMH BSTART award, Aetna Foundation Grant, Klingenstein Foundation Fellowship).

Research: Dr. King has earned national recognition as a leader in the study of youth depression and suicide prevention. Her research focus is on (1) development and testing of health behavior interventions for adolescents at elevated risk for suicide; and (2) determination of how maternal depression remission impacts family functioning and child psychopathology. Both lines of research have implications for improving the health of depressed and suicidal youths. Based in health behavior theories, this line of research focuses on the development of interventions to complement and expand traditional psychiatric treatments. As the Surgeon General's Call to Action to Prevent Suicide (1999) and the National Strategy for Suicide Prevention (2001) highlight, only a paucity of research has been conducted on interventions for youth at risk for suicide. Dr. King initially developed the Youth-Nominated Support Team intervention (YST) for suicidal adolescents with the goal of supplementing and improving traditional treatments. With a large grant from Ronald McDonald House Foundation, she was able to conduct a preliminary study which was the first large-scale randomized controlled intervention trial to be conducted with suicidal adolescents within the United States. Findings indicated that YST-I was associated with promising effects (King et al., 2006), and she obtained NIMH funding to conduct a scientifically rigorous five-year randomized controlled clinical trial of YST-II, a modified version of the initial intervention (R01 MH63881). This trial involved 448 suicidal adolescents and their families. A manuscript reporting primary outcomes is currently under review. Moreover, as a result of these intervention trials, she has contributed significantly to the field through the dissemination of information about how to meet the many informed consent/assent and regulatory challenges of this research (King & Kramer, in press). As the senior author, Dr. King also published important new information about the predictive validity of suicide assessment instruments with adolescents (Huth-Bocks, Keer, Ivey, Kramer, & King, 2007) and the gap between adolescents' and parents' awareness of adolescents' suicidal behavior (Klaus, Mobilio, & King, in press).

With support from two NIMH grants, a Mid-Career Investigator/Mentorship Award in Patient Oriented Research, Health Behavior Interventions for Suicidal Youth (K24 MH077705), and an Intervention Development Award, Adolescent Emergency Patients: Suicide Risk Detection and Treatment Facilitation (R34 MH079123), Dr. King has extended her work to development of an intervention for adolescents at elevated risk for suicidal behavior who are not obtaining mental health services (> 50% of adolescents who die by suicide have never obtained any mental health service). This is a screening and treatment linkage intervention for adolescents seeking emergency services. If found to be effective, it has the potential to be delivered to thousands of at risk adolescents - males and females - seeking emergency services each year.

As the site-based principal investigator of the five-year STAR*D-Child study of the effects of maternal depression remission on children (NIMH: R01 MH63852; Weissman, Multi-Site PI) (2002-2007), Dr. King provided scientific leadership and administrative oversight for this study at the University of Michigan and contributed to the interpretation of findings and manuscript preparation in collaboration with other site leaders. Their findings have substantial

public health and clinical significance (e.g., Weissman et al., 2006). Moreover, Dr. King provided leadership as faculty advisor and mentor for both of the publications concerning maternal depression remission and family functioning.

Recent and Significant Publications:

Klaus NM, Mobilio A, King CA: Parent-adolescent agreement concerning adolescents' suicidal thoughts and behaviors. *Journal of Clinical Child and Adolescent Psychology*. In press.

King CA, Kramer AC: Intervention research with youths at elevated risk for suicide: Meeting the ethical and regulatory challenges of informed consent and assent. *Suicide and Life-Threatening Behavior*. In press.

Huth-Bocks A, Kerr DCR, Ivey AZ, Kramer AC, King CA: Assessment of psychiatrically hospitalized suicidal adolescents: Self-report instruments as predictors of suicidal thoughts and behavior. *Journal of the American Academy of Child and Adolescent Psychiatry* 46:3, 387-395, 2007.

King CA, Kramer A, Preuss L, Kerr, DC, Weisse L, Venkataraman S: Youth-nominated support team for suicidal adolescents (Version 1): A randomized controlled trial. *Journal of Consulting and Clinical Psychology* 47(1), 199-206, 2006.

Weissman MM, Pilowsky DJ, Wickramaratne P, Talati A, Wisniewski S, Fava M, Hughes CW, Garber J, Malloy E, King C, Cerda G, Sood AB, Alpert JE, Trivedi MH, Rush AJ: Remissions in maternal depression and child psychopathology. A STAR*D-Child Report. *Journal of the American Medical Association* 295(12), 1389-1398, 2006.

Service: Dr. King is chief psychologist in the Department of Psychiatry. She serves in an advisory role to the chair regarding discipline-specific issues and participates on the chair's Advisory and Psychiatry Senior Leadership Committees. She has served three terms on the Appointments and Promotions Committee and served on a dean-appointed Internal Review Committee for the Department of Psychiatry. She has served on several faculty recruitment committees and has been an active member of the University of Michigan Depression Center Steering Committee. Dr. King has assisted with Depression Center development activities and spoken at many events for community members and mental health professionals, representing the Youth Depression and Suicide Prevention Program.

Within the broader University, Dr. King fulfilled a major role as a faculty member of the University Advisory Board for Intercollegiate Athletics (2003-2006). She is currently a member of the University's Advisory Committee for the Office of Human Research Compliance Review and a member of the Faculty Advisory Committee for Development.

External Review:

Reviewer A: "There is no doubt that her scholarship has impacted upon the field of suicide prevention, particularly in relation to the assessment of adolescents. She has an enviable reputation in that regard, not only in the American scene, but also amongst her peers in other countries."

Reviewer B: “Dr. King is a highly respected scholar in the area of youth depression and suicide. The quality of her work in this area places her in the upper rungs of youth suicide scholars as is reflected in her success in terms of publications, grant funding, and positions of leadership in national organizations. Her publication track record is strong and includes papers in the most highly regarded journals in our field....She has strong leadership skills such that she readily brings together a group of people and moves them toward a productive outcome, while maintaining a positive environment. Her work is significant and innovative. She has accomplished a substantial and important body of work, is seen as an expert in her field both nationally and internationally, and has contributed to the advancement of the clinical care of children and their families by her active role on the state and national level.”

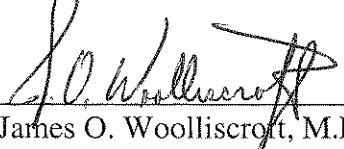
Reviewer C: “...I believe that Dr. King has developed an outstanding reputation for her research publications and service roles. She has developed a strong expertise in a range of clinical child and adolescent psychology disorders and their psychosocial and pharmacological interventions....Dr. King has published extensively in the psychological and psychiatric literatures. In particular, she has a strong expertise in mood disorders and applications to adolescents.”

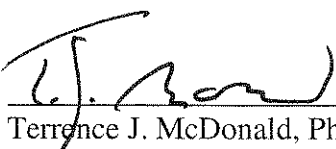
Reviewer D: “Dr. King has had a major impact on the field and has developed a reputation as an investigator who will continue to define future directions of research....I would conclude that she would easily be promoted to full professor at any major research institution and medical center in the country.”

Reviewer E: “Nationally, she is among the most published and most recognized experts in the area of adolescent suicide....Her frequent and steady presentations provide your Department with national visibility....I believe Dr. King’s level of national recognition as a scientist is outstanding.”

Summary of Recommendation:

Dr. King has made major contributions in research, education and clinical care. She currently serves as president of the Society of Clinical Child and Adolescent Psychology for the American Psychological Association. She is a well respected member of the faculty, superb teacher with strong integrative skills, and she has successfully directed and improved our educational training programs. We strongly recommend her promotion to professor of psychiatry, with tenure, and professor of psychology, without tenure.


James O. Woolliscroft, M.D.
Dean
Lyle C. Roll Professor of Medicine


Terrence J. McDonald, Ph.D.
Arthur F. Thurnau Professor,
Professor of History, and Dean
College of Literature, Science, and the Arts